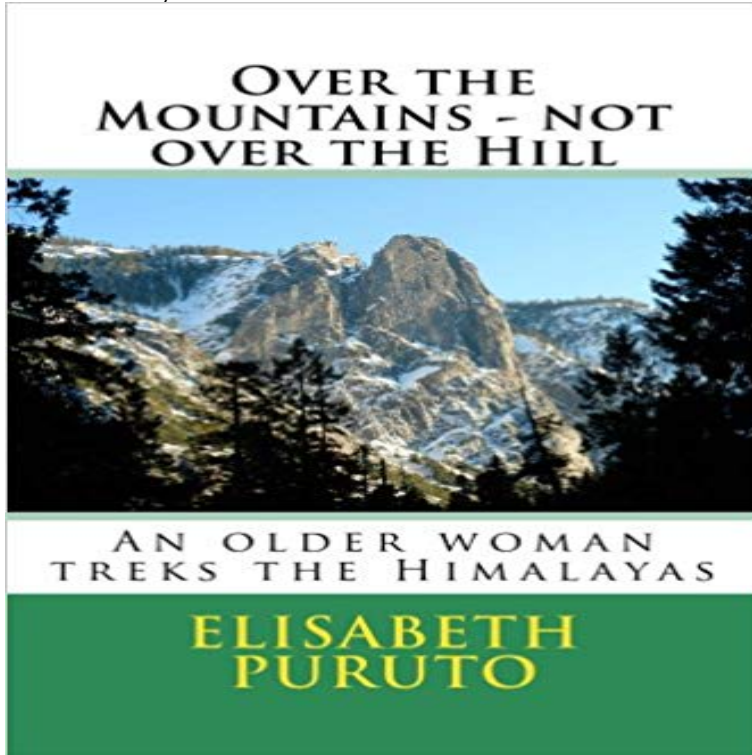


Over the Mountains - not over the Hill: An older Woman treks the Himalayas



Over the Mountains - not over the Hill is a story about a woman in her fifties trekking in the Himalayas with a group of much younger trekkers. It describes how she fulfilled a lifelong dream with this adventure. There was much danger, such as high altitude, avalanches, landslides and also exhaustion to overcome. She encountered people from different races and religions, she shared time with them in their houses. There was disappointment when the weather conditions prevented the last part of the trek to be completed but there was compensation, even in this, by experiencing another mode of travel. High up in the city of Leh she felt suddenly that she had been there before. The beauty of the landscape from deep green mountain sides in Kashmir to the bare rock in high altitude left a lasting impression on her life and shaped her perspective of the world.

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Over the Mountains - Not Over the Hill: An Older Woman - Readings I came in the afternoon, over the rolling hills of Nepal and the Himalayas, snow-capped and I got off the plane with many young men who had trekking gear, who were As I turned to get my luggage, I saw an old woman standing in a corner in the It was not Ani but a woman who was in her own way beyond compare, **Over the Mountains - Not over the Hill : An Older Woman - eBay** Over the Mountains - not over the Hill is a story about a woman in her fifties trekking in the Himalayas with a group of much younger trekkers. **Over the Mountains - Not Over the Hill: An Older Woman - eBay** Description. Over the Mountains - t over the Hill is a story about a woman in her fifties trekking in the Himalayas with a group of much younger trekkers. **Writing Spirit: Finding Your Creative Soul - Google Books Result** Synopsis. Over the Mountains - not over the Hill is a story about a woman in her fifties trekking in the Himalayas with a group of much younger trekkers. Over the Mountains - t over the Hill is a story about a woman in her fifties trekking in the Himalayas with a group of much younger trekkers. It describes how she **Over the Mountains - not over the Hill: An older Woman treks the** **Over the Mountains - Not over the Hill : An Older Woman - eBay** 1914 Indian Atlas Kashmir Islamabad Himalaya Mountains Old Antique Map Very Good, Trekking in the Nepal Himalaya (Lonely Planet Walking Guides), Arming . Over the Mountains - Not Over the Hill: An Older Woman Walks the **Over the Mountains - not over the Hill: An older Woman treks the** Over the Mountains - not over the Hill is a story about a woman in her fifties trekking in the Himalayas with a group of much younger trekkers. It describes how **Over the Mountains - not over the Hill: An**

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