We all love to hate pain. Don't we? Unfortunately, though, pain is an indispensable part of our life. Tough-times do befall on us all and at times without warning. Although each one of us will certainly go through hardship of some sort not all of us are prepared to handle them. Consequently, when problems strike too many of us allow our hearts to be broken and fall apart. Strength for Living is, therefore, here to provide the needed strength to not only survive the ferocious storms of life but also enjoy the God given life of love, hope, prosperity, and total fulfilment.

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